

## **Co-Curricular Activities (CCA)**

### **A. PURPOSE OF CCA**

- 2.1 The CCA Programme provides students with a platform to discover their interests and talents. CCA can fuel in the individual a life-long love for a particular activity, be it a sport or a musical pursuit. This helps the individual to lead a balanced life in adulthood.
- 2.2 Each CCA has its specific objectives. For instance, Physical Sports (PS) develop robustness, fair play and team spirit in pupils. The Visual and Performing Arts (VPA) instill in students a sense of graciousness and an appreciation for the rich culture and heritage of a multi-racial society. Uniformed Group (UG) activities aim to make good citizens of students by inculcating in them self-reliance, resilience, discipline and a spirit of service to others. Clubs and Societies (CS) allow students to explore and extend their interests in wide ranging and specialized areas which may be knowledge-based or skills-based. Students are honed in information, communication and technical skills as they strive to grow their mastery of the specialized areas.
- 2.3 Students progressively develop CCA-specific knowledge, skills, values and attitudes through sustained participation in any of the CCA groups. CCA also offer excellent platforms for students to learn core values, social and emotional competencies and the emerging 21<sup>st</sup> Century Competencies.
- 2.4 All CCA emphasize social interaction by providing a common space for friendships and social integration amongst students of diverse backgrounds. Through CCA, students develop a sense of identity and belonging to the school.
- 2.5 Schools enable all students to have active and meaningful CCA participation when they provide a balanced, inclusive and diverse CCA programme which caters to a broad spectrum of interests and talents.

### **B. LEARNING OUTCOMES**

- 2.6 The learning outcomes for CCA are as follows:
  - Passion
  - Leadership and teamwork
  - Friendship and belonging
  - Spirit of service to the community
  - Knowledge, skills and values related to their chosen CCA
  - Core values, social and emotional competencies and the emerging 21<sup>st</sup> century competencies

### **C. CCA POLICIES**

- CCA participation in school is compulsory.
- All students are expected to take part in at least ONE core CCA from any of the four groups, namely
  - Physical Sports
  - Uniformed Groups (UG)
  - Visual and Performing Arts (VPA)
  - Clubs and Societies (CS)
- Secondary One students are encouraged to discuss with their parents which CCA they would like to join and make a decision by the end of Week 2 of Term 1. Once a decision has been made, they must stay committed to the CCA; otherwise all CCA points accumulated may be annulled.
- Students requesting for a change in CCA must do so at the end of each academic year. These students must fill in a prescribed CCA Transfer Form, with valid reasons, which is subject to the final approval by the HOD (PE/CCA).
- A student may opt to participate in more than one CCA to broaden his/her experience, gain more exposure and learn a wider range of skills. Such involvement will be passion-driven and students will not be awarded a higher attainment for the participation in an additional CCA. Students must still attend the main CCA.
- CCA points will only be awarded for a student's participation in a second CCA at school representation level or higher. Minimum attendance in the second CCA is not a criterion for points to be computed.
- Failure to participate in CCA at any year will result in the CCA points accrued up to that year being annulled.
- A student may participate in a non-school-based CCA or a community-based activity to pursue his interests which are not offered in the school, but not in lieu of a CCA in school. These external activities will mainly be interest-driven and the additional participation will not contribute to a higher attainment level in this domain.
- For students who have been selected to undergo a sustained programme with a National Sports Association, the organisation may seek the school principal's permission for these students to be exempted from the school's CCA training sessions. Students' participation in such a programme will need to be endorsed by the principal and monitored by the National Sports Association through progress reports. Once the training stint with the organisation ends, the students will have to resume training with the school's CCA so as to be recognised in the Participation domain.